

December 4, 2020

Dear Parent or Legal Guardian:

**Re: Updated COVID-19 Public Health Measures**

As Toronto is now in **Lockdown (Grey Zone under the Provincial COVID-19 Response Framework)**, Toronto Public Health has updated the student screening tool, available [here](#).

If your child has one or more symptoms of COVID-19, under the new screening requirements, you need to:

- Keep your child home, even if the symptoms are mild.
- All the children in the same home must also stay home.
- Arrange for your child to get tested at an [Assessment Centre](#). Contact your health care provider, if needed.
- Your child and their siblings may return to school if the test is negative.
- Without a test, your child and their siblings must stay home for 10 days. They may return to school after 10 days if they do not have symptoms. A doctor's note is not needed for return to school.
- Monitor your family for symptoms. Adults must stay home and get tested if they have one or more symptoms.

With high rates of COVID-19 cases in Toronto, it is very important that your family members follow these public health measures:

- Stay home except for essential trips, such as work, school, or healthcare visits.
- Stay home if you are ill, even if symptoms are minor.
- Limit gatherings in your home to the people you live with. If you live alone, you may include one person from outside your household.
- Go out for fresh air and exercise only with the people you live with.
- Check in with vulnerable family members, friends and neighbours virtually or by phone.
- Download the [COVID Alert App](#) to be notified if you were close to someone who is contagious with COVID-19.

More information on the Grey Lockdown restrictions is available [here](#). Visit [school information for parents & caregivers](#) regularly for updates.

Yours truly,

A handwritten signature in black ink, appearing to read 'Nicole Welch', written in a cursive style.

Nicole Welch RN. BSc. MSc.  
Director, Toronto Public Health